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SILK OAK

• CHATTER •

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September • 2021

Issue 7
45th Year

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HOA BOARD OF DIRECTORS EMAIL – silkoakhoa@gmail.com

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Chair 3 Tammy Nelson	262-331-4054
Secretary Jennie Jewell.....	727-669-7686
Treasurer Becky Zinser.....	727-458-3892

2020 WOMEN'S CLUB

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Secretary	Jeannie Jewell	(727) 669-7686
Treasurer	Pat Calcagno	(815) 295-2547

VARIOUS COMMITTEES

50/50	Becky Zinser	727-458-3892
Bingo	Jeannie Jewell	727-669-7686
Birthdays	Jeannie Jewell	727-669-7686
Calendar	Elyse Poole	317-501-4243
Newsletter Editor	Elyse Poole	317-501-4243
Shuffleboard	Jeannie Jewell	727-669-7686

HOA MEETING MINUTES AND FINANCIAL REPORTS ARE POSTED IN THE CLUBHOUSE

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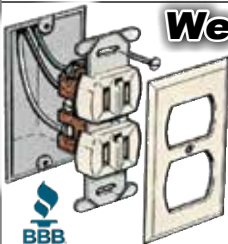
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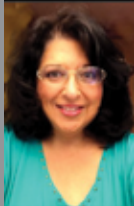


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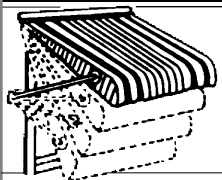
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Dr. Holderith is a primary care physician with over 10 years experience delivering care to patients in the Tampa Bay Area. She earned her undergraduate degree from the University of Florida before completing her medical degree at the University of South Alabama College of Medicine and residency training at the University of South Florida. Dr. Holderith received multiple awards as an outstanding resident and is a member of the Alpha Omega Alpha national medical honor society. Dr. Holderith dedicates herself to providing high-quality compassionate care and has a special interest in preventative medicine and cardiovascular health.



Camille Mattia, M.D.

Board Certified, Internal Medicine

Dr. Mattia attended Boston College as an undergraduate and completed her medical degree at the University of Florida College of Medicine and post-graduate training at the University of South Florida. Consistently recognized by the Residency Evaluation Committee as an outstanding resident committed to patient care, professionalism, and personal development, Dr. Mattia has had a strong focus on outpatient preventative care throughout her training. Dr. Mattia strives to create a welcoming practice environment for her patients, establishing long-term relationships based on trust and good communication.

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The power of story

Author Neil Gaiman explains the power of stories with a tale on the Books Bird website:

“My cousin Helen, who is in her 90s now, was in the Warsaw ghetto during World War II. She and a bunch of girls in the ghetto had to do sewing each day. And if you were found with a book, it was an automatic death penalty. She had gotten hold of a copy of *Gone with the Wind*, and she would take three or four hours out of her sleeping time each night to read. And then, during the hour or so when they were sewing the next day, she would tell them all the story. These girls were risking certain death for a story. And when she told me the story herself, it actually made what I do feel more important. Because giving people stories is not a luxury. It’s actually one of the things you live and die for.”



An enduring act of kindness

An act of kindness can have a lifelong effect, as this story illustrates:

A Jewish family who had immigrated from Lithuania to the United States took pity on a seven-year-old boy and brought him to their home. He spent the night in family home, where for the first time in his life he was treated with kindness and tenderness. When he went to bed, the mother sang him Russian lullabies, which he sang along with her. Later he learned to sing and play several Russian and Jewish songs.

Over time, the boy became the adopted son of this family. The father gave him money to buy his first musical instrument.

The little boy grew up and wrote a book about the family, and proudly spoke Yiddish fluently.

In memory of this family, he wore the Star of David. He said that in this family he learned determination and "to live a real life."

The little boy's name was Louis Armstrong.



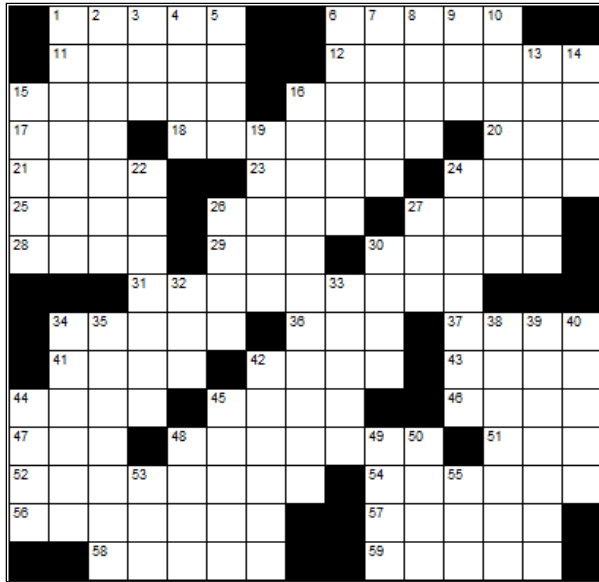
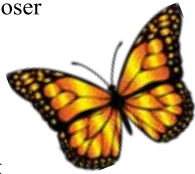
Humanity’s legacy of stories and storytelling is the most precious we have. All wisdom is in our stories and songs.

— *Doris Lessing*



ACROSS

- 1. Rugby formation
- 6. Academy award
- 11. Not here
- 12. Settlement
- 15. Recognition
- 16. Female protagonists
- 17. 54 in Roman numerals
- 18. Nightclub
- 20. Take in slowly
- 21. Gumbo
- 23. Concludes
- 24. Not difficult
- 25. A noble gas
- 26. Start over
- 27. Baroque composer
- 28. Sea eagle
- 29. Sphere
- 30. Ski jacket
- 31. Masseurs
- 34. Range
- 36. Female sibling
- 37. Dagger handle
- 41. Alley
- 42. Three-handed card game
- 43. Paris airport
- 44. Docile
- 45. Secluded valley
- 46. Journey
- 47. Beer
- 48. Clatter
- 51. Consumed food
- 52. Depicts
- 54. Happenings
- 56. Give forth
- 57. Twilled fabric
- 58. Drive
- 59. Contemtuuous look



DOWN

- 1. A forward on a soccer team
- 2. V-shaped stripes
- 3. Scarlet
- 4. Relating to urine
- 5. Of higher order
- 6. Exaggerate
- 7. Fathers
- 8. Coagulate
- 9. Anagram of "Ail"
- 10. Plunder
- 13. Japanese hostess
- 14. Catch a glimpse of
- 15. Duplicate
- 16. Small carry baskets
- 19. Ales
- 22. Windflower
- 24. Hearing range
- 26. Thorny flower
- 27. Tavern
- 30. Annoyance
- 32. Gorilla
- 33. Goliath
- 34. Ski race
- 35. Photo devices
- 38. Dispose
- 39. Flutter
- 40. Varieties
- 42. Killer
- 44. Adhesive strip
- 45. Grille
- 48. Scottish hillside
- 49. Not more
- 50. Not odd
- 53. Explosive
- 55. Before, poetically



September
 Crossword





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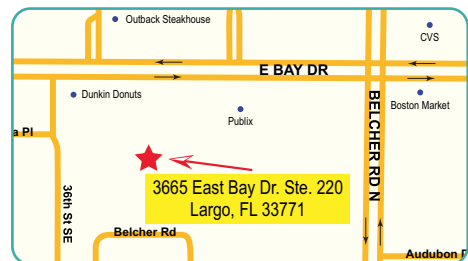
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5. Is your doctor's office offering doctor phone visits?
6. Does your doctor allow walk-in visits?
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SEPTEMBER DAYS

Labor Day, Sept. 6. A federal holiday in the United States celebrated to honor and recognize the American labor movement.



Rosh Hashanah, Sept. 6. Starting at sunset and ending at nightfall, Sept. 8.

Patriot Day and National Day of Service and Remembrance, Sept. 11. A day to pay tribute to the selfless heroes and innocent victims of the terrorist attacks on Sept. 11, 2001.

Yom Kippur, Sept. 15. The Jewish Day of Atonement, traditionally observed with a day-long fast and intensive prayer.

World Pharmacists Day, Sept. 25. “Pharmacy: Always trusted for your health” is the theme of this year’s World Pharmacists Day.

NUMBERS IN THE NEWS

Online sources of news dominate

The days of getting your news from Walter Cronkite or the morning newspaper are long gone. The Pew Research Center reports that 86% of Americans get their dose of news from a smartphone, computer, or tablet “often” or “sometimes.” Sixty-eight percent rely on television, 50% listen to the radio, and 32% read print publications.

Digital devices are the dominant medium, with 52% of survey respondents saying they prefer to get their news from an online platform—a news website (26%), social media (11%) or podcasts (three percent). Just 35% said they prefer TV, seven percent like the radio, and five percent say their preference is print.



Crystals grew inside rock like arithmetic flowers. They lengthened and spread, added plane to plane in an awed and perfect obedience to an absolute geometry that even stones—maybe only the stones — understood.

— Annie Dillard

SEPTEMBER CALENDAR

Baby Safety Month. Parents and caregivers have many responsibilities, but keeping baby safe and healthy is a No. 1 priority. Whether you are expecting your first baby, adding to your growing family, or becoming a grandparent, now is the time to put into action some simple steps to keep baby safe.



Classical Music Month. In 1994, President Bill Clinton issued a proclamation making September Classical Music Month. The proclamation read in part: “Classical music is a celebration of artistic excellence. ... This month we exalt the many talented composers, conductors, and musicians who bring classical music to our ears.”

National Suicide Prevention Month. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

Self-Awareness Month. Three key questions can help us increase our self-awareness: Who am I? What do I want? How do I want to be in my life? Reflecting on these questions will lead you to new insights about yourself. Give yourself the attention you deserve. When you do, you’ll be equipped to create the you that you want to be and create the life you want to have.

Weekly

National Waffle Week, Sept. 5–11. The word “waffle” comes from the Dutch “wafel,” from Middle Dutch “wafele,” which stretches as far back as the 13th century. No matter what you call them, no one can deny waffles are delicious.



National Assisted Living Week, Sept. 12–18. National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers, and surrounding communities to recognize the role of assisted living in caring for America’s seniors and individuals with disabilities.

National Truck Driver Appreciation Week, Sept. 12–18. National Truck Driver Appreciation Week is a time to pay respect and thank all professional truck drivers for their hard work and commitment in undertaking one of our economy’s most demanding and important jobs.

National Dog Week, Sept. 19–25. Established in 1928 by WWI veteran Captain Will Judy, who wrote, “The world likes dogs because dogs are nearest to moral perfection of all living things.”

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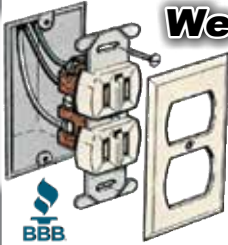
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Sunday							Monday							Tuesday						
OCTOBER																				
S	M	T	W	T	F	S														
					1	2														
3	4	5	6	7	8	9														
10	11	12	13	14	15	16														
17	18	19	20	21	22	23														
24	25	26	27	28	29	30														
31																				
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														Labor Day						
							12							13						
							19							20						
							26							27						

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28	29 First Day of Autumn	30 Coffee 9-10		

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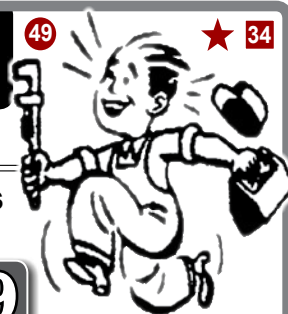
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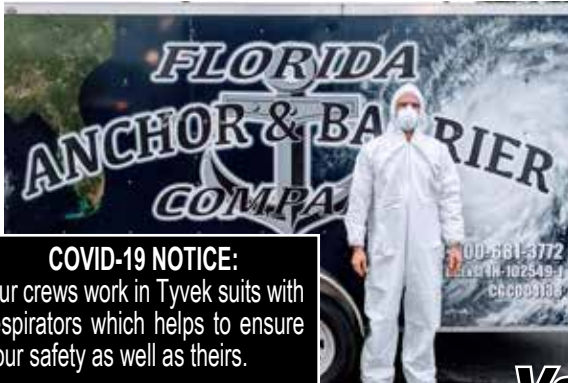
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Some short snappy ones

- If you want to find out who likes you more, lock your best friend and your dog in the trunk of your car for an hour. When you open the trunk, who is happy to see you?
- What did one eye say to the other? “Between you and me, something smells.”
- How did the hipster burn his mouth? He ate pizza before it was cool.
- Insect puns bug me.
- My leaf blower doesn’t work. It sucks.
- Teacher: “Which book has helped you the most in your life?” Student: “My father’s checkbook.”
- My friend thinks he’s so smart. He told me an onion is the only food that makes you cry, so I threw a coconut in his face.
- Math teacher: “If I have five bottles of beer in one hand and six in the other hand, what do I have?” Student: “A drinking problem.”
- Two psychics run into each other on the street. One says to the other, “You’re fine, but how am I?”



Missing ingredient

A food critic visited a local restaurant to review its food for the local magazine. The owner welcomed her and showed her to a table.

After a while, the critic called the owner over to say that there was something missing in her bowl of soup.

The owner asked if it was too spicy, too sweet, or too salty. The critic said no, so the owner decided to taste the soup himself. “Give me a spoon.”

"That's what's missing," said the critic.



Laughter is the corrective force which prevents us from becoming cranks.
— **Henri Bergson**

There is nothing in the world so irresistibly contagious as laughter and good humor.
— **Charles Dickens**



September Word Search



H	C	T	E	U	Q	U	O	B	V	Q	A	T
G	O	S	S	I	M	E	R	Y	O	U	T	H
B	L	E	N	D	E	L	F	F	A	R	W	A
F	L	R	G	O	C	I	R	C	U	L	A	R
L	E	V	E	L	I	R	K	N	I	R	D	M
C	G	I	O	S	O	S	O	T	C	I	A	O
I	E	C	S	L	R	R	S	S	L	V	M	N
B	K	E	O	M	T	E	Y	E	I	E	A	Y
U	H	C	L	H	E	C	T	R	F	R	Z	W
C	I	S	A	B	N	I	E	E	F	O	E	I
S	N	A	R	E	O	O	N	T	M	A	R	S
B	O	N	G	O	L	V	O	N	E	T	M	P
D	N	A	L	R	A	G	R	I	T	D	T	Y



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amaze

basic
bees
blend
bongo
bouquet

chess
circular
cliff
clock
college
color
cubic

detect
drink

garland
glory
gossimer
grit

harmony

interest

level

mars
meter
north

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river

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solar

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voice

wispy
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6. Does your doctor allow walk-in visits?
7. Are you able to call your doctor anytime, day or night?
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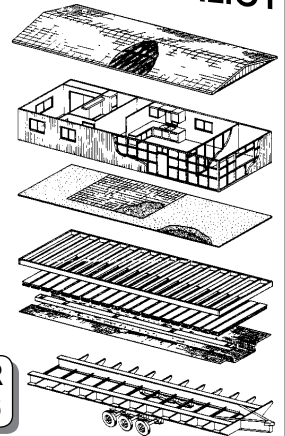
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How much should you eat? Overall, health experts say you should consume 14 grams of fiber for every 1,000 calories you eat in a day. For women, the target is 25 grams in a 2,000-calorie daily diet; for men, it's 38 grams in a 2,500-calorie diet. People over 50 can consume less.

What to eat? Try a one-cup serving of pearl barley, which has six grams of fiber, instead of white rice, with just two grams.

Avoid injury as you age

As we age, our bodies get injured more easily. That's a fact of life, but you can avoid serious injury at any age by following some basic guidelines from the Seacoast Online website:

- **Stay physically active.** Keep your body moving as much as you can to avoid stiffness and pain associated with arthritis, which grows worse the less you move. Regular, moderate exercise can decrease the impact of meniscal tears and bulging discs.
- **Eat a healthy diet.** Green leafy vegetables like kale, spinach, and arugula help keep your bones strong and durable. So do nuts, fish, and grapefruit. Unprocessed oatmeal, raisins, blueberries, and unsalted nuts can keep your heart healthy as you age. Check with your doctor on what diet is best for you.
- **Maintain your balance.** Slips and falls can cause fractures and broken bones, so keeping your balance is crucial. Practice by standing on one foot while you brush your feet or wash the dishes. Try walking on your heel or toes for a short distance. Yoga and tai chi can also help you promote balance.
- **Strengthen your core muscles.** Keeping your core—abs, hips, and buttocks—strong will help you stand and sit more erect, as well as prevent back and neck pain and help you feel more energetic in general. Pilates is one good technique for getting and keeping your core in shape.

Take care of your mind, your body will thank you. Take care of your body, your mind will thank you.

— **Debbie Hampton**

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— **Naval Ravikant**

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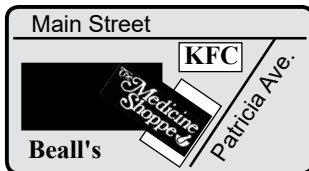
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The history of Labor Day

Labor Day is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It's a national tribute to the contributions workers have made to the strength, prosperity, and well-being of the United States.



Some records show that Peter J. McGuire, general secretary of the Brotherhood of Carpenters and Joiners and a co-founder of the American Federation of Labor, was first to suggest a day to honor those “who from rude nature have delved and carved all the grandeur we behold.” But other research seems to support the contention that machinist Matthew Maguire, later the secretary of Local 344 of the International Association of Machinists in Paterson, N.J., proposed the holiday in 1882 while serving as secretary of the Central Labor Union in New York. The Central Labor Union adopted a Labor Day proposal and appointed a committee to plan a demonstration and picnic.

Either way, the first Labor Day holiday was celebrated on Tuesday, Sept. 5, 1882, in New York City, in accordance with the plans of the Central Labor Union. The Central Labor Union held its second Labor Day holiday just a year later, on Sept. 5, 1883.

In 1884, the first Monday in September was selected as the holiday. As labor organizations grew in size and power, so did the idea of Labor Day. In 1885 Labor Day was celebrated in many industrial centers of the country.

The first governmental recognition of the holiday came through municipal ordinances passed during 1885 and 1886. While the first state bill proposing the holiday was introduced into the New York legislature, Oregon passed the first law on Feb. 21, 1887. Four more states—Colorado, Massachusetts, New Jersey, and New York—created the Labor Day holiday by legislative enactment that same year.

By the end of the decade Connecticut, Nebraska, and Pennsylvania had followed suit. By 1894, 23 other states had adopted the holiday in honor of workers, and on June 28 of that year, Congress passed an act making the first Monday in September a legal holiday in the District of Columbia and the territories.

In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson.

— **Tom Bodett**



Tiny ‘mountain’ still tough to climb

You might think a mountain just a millimeter tall would be easy to climb, but you’d be wrong if you encountered one on the surface of a neutron star. Scientists, however, have discovered that neutron stars may actually have “mountains” like that, according to the EurekAlert website.



Neutron stars have about as much mass as our sun, but they’re only about six miles in diameter. That means their gravitational pull is enormous—a billion times stronger than gravity on Earth. Such force squashes the surface flat—almost.

Computer modeling shows that, instead of being a perfect sphere, neutron stars can have surface deformations or “mountains,” some of them millimeters or even centimeters high. Because of their intense gravitation, spinning neutron stars with even slight deformations can produce gravitational waves—ripples in the fabric of spacetime. These waves haven’t been observed yet, but scientists hope that future advances in detection may let us probe them further.

Statistical tool sheds new light on ancient stone tool culture

Different kinds of early modern humans co-existed for much longer than was previously thought, according to the SciTech Daily website. One of the earliest known stone tool cultures, the Acheulan, was thought to have died out some 200,000 years ago, but new discoveries by researchers at the University of Kent’s School of Anthropology and Conservation suggest the culture may have persisted for much longer. That means the Acheulans may have overlapped with Neanderthals for more than 100,000 years.

Acheulean stone tools like hand axes and cleavers originated in East Africa some 1.75 million years ago and spread across Africa, Europe, and Asia, with different species of early human each using the technologies. The team’s analysis showed that the practice ended at different times in different parts of the world.

Using a statistical technique known as optimal linear estimation, which is often used to estimate species extinctions, the team was able to estimate how much longer the stone tool tradition continued after being found in the most recently discovered sites. In effect, the scientists were able to predict part of the archaeological record that hasn’t been discovered yet.

The main purpose of science is simplicity, and as we understand more things, everything is becoming simpler.
— Edward Teller

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EVENTS & PROGRAMS

ATTENTION GOLFERS. The Tampa Green Beret Association, a fraternity of former and active duty Special Forces soldiers and a non profit organization, is hosting a golf tournament on October 9th to benefit The Tampa Veterans Civic Center. The cost is \$60.00 per player which gets you a round of golf and a nice post play lunch. There will be prizes, ball launcher, raffle, auction, 50/50 and more. To learn more e-mail gilhimes@yahoo.com.

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EVENTS & PROGRAMS

ATTENTION CRAFTERS: Paradise Island Annual Craft Fair is taking reservations for spaces at the Annual Craft Fair, on Saturday November 6, 2021, 9 am to 2 pm. Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Handmade items only. For reservations contact Nadine at 402-750-3083 call/text, email: nadine5106@gmail.com. Deadline October 15th.



EVENTS & PROGRAMS

VENDORS WANTED- HOLIDAY BAZAAR - Saturday, 11/13/2021, 9am-1pm. \$30 - 1 table, \$25 additional table, \$15 additional floor space. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-477-3806 or cobrien2429@gmail.com - 217-251-4382 or jayneb1227@gmail.com

Craft/Bake Sale: November 8th, 2021 from 8:30am to 1:30pm. Table Space \$15.00. Sugar Creek MHP 10265 Ulmerton Road, Largo. Call Sally 401-835-0700.

OCTOBER AD DEADLINE - SEPTEMBER 10, 2021

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
 • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.
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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over **\$158,200** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**.

That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check. (Allow 8-12 weeks for mailing of check). **This month's cash winners are:**

Joan Athey..... \$100	Heller's Mobile Home Washing	John Swartz..... \$5	Ricks Appliance Repair
Toni McCarthy..... \$10	Florida Anchor & Barrier	Gerald Schnerr..... \$5	Air Masters of Pinellas
Lisa Zingg..... \$10	Guardian Vapor Barrier	Wayne Jones..... \$5	Jones & Sons Plumbing
Ernie Simon..... \$10	Largo Automotive	Rick Johnson..... \$5	Palm Harbor and Dunedin Electric
Janet Mercer..... \$10	Jones & Sons Plumbing	Roxanne Moses..... \$5	Got Dirt? Call Dirty lil'
Ron Stewart..... \$10	Barron's Air Conditioning & Appliance	Barbara Hohler..... \$5	Bill the Carpet Guy
Ken Eckhart..... \$10	Battleline Termite & Pest Control	Cheryl Adam..... \$5	Jones & Sons Plumbing
Robert Mendes..... \$10	Air Masters of Pinellas	Joseph Scarpa..... \$5	Air Masters of Pinellas
Carl Hansen..... \$10	Discount Computer Repair	Daniel Marino..... \$5	Heller's Mobile Home Washing
David Kalan..... \$10	Boss Electric	Elizabeth Pattigno..... \$5	Royal Enterprise
Renate Brauchler..... \$10	Debbie's Salon	Carol Alvey..... \$5	O.E. Wilson Insurance
Luis & Nancy Serrano \$10	Ron Wyngarden Mobile Home Wash	Mary-Ann Eckenberger \$5	Jones & Sons Plumbing
Lorene Hunnell..... \$10	Royal Enterprise	Sandra Couch..... \$5	Heller's Mobile Home Washing
Ronald Anderson..... \$10	Heller's Mobile Home Washing	Linda Wagler..... \$5	Debbie's Salon
Neal Alexander..... \$5	Air Masters of Pinellas	Teresa Kelso..... \$5	Air Masters of Pinellas
Michael Price..... \$5	Jones & Sons Plumbing	Janet Heintz..... \$5	Battleline Termite & Pest Control
Jane Gardella..... \$5	Battleline Termite & Pest Control	Sandra Hansen..... \$5	Heller's Mobile Home Washing
Bonny DeMoranville... \$5	Got Dirt? Call Dirty lil'	Louis Vonderbrink..... \$5	Boss Electric
Thomas Salvato..... \$5	Air Masters of Pinellas	Barb Gonzalez..... \$5	Got Dirt? Call Dirty lil'
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Office FAX: (727) 712-3526
Email: silkoaklodge_mgr@equitylifestyle.com

Service Department..... Rob Slaughter & Marc Esposito
Office Hours For Community And New Home Sales Info.....
..... Monday Through Friday - 9 AM To 5 PM
..... Closed Saturday And Sunday

Service Hours..... Monday through Friday 8:00 AM – 4:30 PM
Closed Saturday and Sunday

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Park Emergency Number - Flood/Water Main Breaks after hours only: (727)-254-6021
For Park Emergency during office hours call office phone: (727) 796-1356

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